

Sunshine Coast Children's Psychology Clinic is a quality psychology and counselling service for children and families of the Sunshine Coast.

At **Sunshine Coast Children's Psychology Clinic** we specialise in providing intervention in relation to infants, children, adolescents, young adults and families with concerns about emotions, behaviours, relationships, mental health, parenting and general psychological functioning.

Services are coordinated and provided by experienced Clinical Psychologist Shelley Perkoulidis, who also coordinates visiting colleagues of a variety of disciplines at times, to allow families access to efficient and professional assessment and intervention in a timely and professional manner.

Sunshine Coast Children's Psychology Clinic values professional service and ensuring quality care, but also values being approachable, accessible and private, aiming to always be humble and family friendly.

Sunshine Coast Children's Psychology Clinic

Shelley Perkoulidis MAPS

Clinical Psychologist

(BSc.Psych; PGDip.Psych;
MA.Couns.Psych; MA.Art.Th)

Registered Medicare Provider for
Clinical Psychology Services*



Member
Australian
Psychological
Society MAPS

Clinic Location (by appt only):

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www.sunshinecoastchildrenspsychology.com.au

Sunshine Coast Children's Psychology Clinic

*Specialising in infant,
child, adolescent, young
adult & family
psychology*

Our Staff

Shelley Perkoulidis Clinical Psychologist
Shelley Perkoulidis, is an experienced Clinical Psychologist, who coordinates and provides services at **Sunshine Coast Children's Psychology Clinic**.

Shelley holds significant expertise with children and families, and has worked full time for over a decade within non-government and government specialist counselling services for children, adolescents and families.

Shelley is a Member of the Australian Psychological Society (APS), a Member of the APS College of Clinical Psychologists, and Associate Member of the APS College of Counselling Psychologists. Shelley is also eligible for Professional Membership of the Australian and New Zealand Arts Therapy Association (ANZATA).

Visiting Staff

All our visiting professionals are well known to Shelley, and experienced in the assessment provision of psychological care with children, adolescents and families.

Visiting professionals will be from variety of professional disciplines and with specific areas of expertise.

Shelley will discuss visiting staff/programs with you should this be clinically indicated, but feel free to ask Shelley about current visiting staff or programs if you are interested.

We offer Psychology and Counselling Services for:

- Infants (0-3yrs)
- Children (4-12yrs)
- Adolescents (13-18yrs)
- Young Adults (19-25yrs)
- Parents and Families (including individual counselling for parents/adults and family therapy)

Other Services available:

- Psychometric Assessment
- Group Therapy Programs
- Workshops
- Professional Supervision
- Professional Consultation & Opinion

Help with Concerns such as:

- emotional and behavioural issues (anxiety, depression, eating disorders, obsessions, defiance, distress)
- parenting and family relationships and social relationships
- development and education concerns
- stress and adjustment
- childhood trauma
- grief, loss and change

For more detailed information about our services please see our website.

Referrals and Appointments

All appointments are booked in advance and booked via phone or email. You are welcome to self-refer, or you may be referred by a GP, medical specialist or health professional.

To access Medicare rebates then you will need to be referred by a GP in context of a Mental Health Care Plan, or by your medical specialist.

Families with Private Health Insurance should check with their health fund in relation to referral criteria and eligibility for health insurance rebates.

All our appointments are well spaced to ensure we run on time; that we provide you with privacy and to ensure you have our full attention at your appointment time. To help plan and to work out if we are right for you, Shelley may suggest a free ½hr meeting to discuss and plan your needs. Feel free to ask about this if you think it will be helpful.

Fees

Fees are set by individual practitioners and will vary according to the service provided.

Full fees are payable at the time of the appointment.

Payment can be made by cash or EFTPOS and rebates from Medicare can then be claimed if eligible.

Please contact us or see our website for more information.