

Sunshine Coast Children's Psychology Clinic Appointment Planning and Fee Information*

How do I get an appointment?

Appointments with Shelley need to be booked in advance and will generally be booked for 1 hour. Families can self-refer to the clinic, or they can be referred by their GP or specialist.

Fees and payment methods

The fee for each psychology appointment is \$150* and payment is required at the time of the appointment.

Payment can be made in cash or EFTPOS or, in some circumstances, invoice for bank transfer within 7 days.

Medicare Rebates for Psychologist Appointments

Shelley is registered with Medicare as a Clinical Psychologist.

Medicare Easyclaim is available for families to claim their Medicare rebate, if eligible, at the time of the appointment.

Most psychological services will be eligible for a Medicare rebate of \$124.50* per session under the *Better Access to Mental Health Care Scheme*. This rebate applies to services that have been referred for by your GP and where there is a Mental Health Care Plan in place.

When referred under the *Better Access to Mental Health Care Scheme*, Medicare eligible services are limited to 10 individual sessions per client, per calendar year, with a review by the referring practitioner required after the initial 6 sessions.

It is important to remember that to have sessions rebated by Medicare, the following all need to be in place prior to the first appointment:

- You have a referral letter from your GP that is dated and signed by your GP and addressed to your treating psychologist
- your GP has completed a Mental Health Care Plan
- the person identified on the Mental Health Care Plan attends the session.

Paediatricians and Psychiatrists can also refer to psychologists for Medicare eligible services. A Mental Health Care Plan is not required in these cases, however, you do require a referral letter.

Medicare Bulk Billing may be possible in some circumstances. This needs to be discussed with Shelley.

Family Therapy Fees and other Clinical Psychology Services Fees

Family Therapy appointments attract different fees depending on the number of people involved and the length of the appointments. This can be discussed with Shelley if family therapy is indicated.

Fees for other Clinical Psychology Services (such as assessment and supervision) are also generally approx. \$150 per hour of service. These services are not eligible for Medicare rebates. Specific fees can be discussed with Shelley if these services are requested or indicated.

Fees for other visiting practitioners

Fees for services by visiting practitioners will be set by the practitioner involved and may involve different prices, appointment lengths, and rebates. These will be discussed with you prior to any appointments to ensure you are aware of the costs and process for any visiting professionals that may be helpful. It is always your choice as to what services you participate in, and we aim to support you to have the most clinically appropriate service, but also one you are comfortable with.

Any Questions?

Please do not hesitate to call or email Shelley if you have any questions or concerns in relation to Fees or Medicare related services prior to booking your appointment.

**All fees will be discussed prior to the commencement of service provision. Fees and rebates are current as of Jan 2016, subject to change without notice.*